



2018-19 Season
General Meeting #1

- **Welcome**
 - *Sign-in sheet*
- **Board Members**
- **New Members**
- **Treasure's Report**



Changes this Year

- **Website / ArbiterOne**

- *Central Hub* <http://sdcwoa.arbitersports.com/front/112177/Site>

The screenshot shows the website for the San Diego Wrestling Officials Association. At the top, there is a navigation bar with links for 'SWITCH VIEWS', 'SUPPORT', 'MY ACCOUNT', and 'SIGN OUT'. Below this is a secondary navigation bar with 'MAIN', 'TESTING', 'CONTACT', 'GROUP INFO', and 'REGISTRATON'. The main content area features a large image of a wrestling arena. Below the image is a search bar. The main content area is divided into sections: 'SDCWOA Board', 'Main' (with a sub-section 'Welcome to the 2018-2019 Wrestling Season' dated 9/13/2018), and '2018-2019 Rules Changes'. The 'Main' section includes a list of 'General Meetings' and 'Pre-season Tournaments'. The '2018-2019 Rules Changes' section includes links for 'State Rules Meeting', 'Links', 'SD CIF', 'NFHS', and 'FloWrestling'.

Main

Welcome to the 2018-2019 Wrestling Season 9/13/2018

General Meetings

- Del Norte High School Room D-101
16601 Nighthawk Lane San Diego, CA 92127
6:30pm-8:00pm
- September 18th
- September 25th (Dues \$140/\$70)
- October 9th
- October 23rd
- November 13th (1st half assignments/Masters & States Apps Due/Test Due)
- December 4th
- January 8th (2nd half assignments)
- February 5th (Post season assignments)

Pre-season Tournaments

- September 8th
- More...

2018-2019 Rules Changes

- 2018-2019 Rule Changes
- State Rules Meeting
- Links
- SD CIF
- NFHS
- FloWrestling





Changes this Year

- **Website / ArbiterOne**
 - *Central Hub*
- **Dues for 2018-19**
 - *\$140 Full Member / \$70 Associate Member*
 - *Due at September 25th Meeting*
- **Season Earlier than Last Year**
 - *State Feb. 21-23 (Boys & Girls)*
- **Evaluations / Mentoring**
- **Applications for Masters & State**



Masters & State Applications

- **NEW - Masters Applications** – due Oct. 23rd
- **State Applications** – due Nov 13th

 California Interscholastic Federation
San Diego Section Masters Wrestling Championship
Official's Application Form 

Due Date: October 23, 2018



Official's Name: _____
E-mail Address: _____
Address: _____
City: _____ Zip: _____
Home Phone: _____
Cell Phone: _____

For SDCWQA Use
Requirements
 MGS
 State Rules
 Training Hours
 Evaluation

Number of Seasons Officiating with SDCWQA: _____
Number of Seasons with Other Wrestling Associations (list): _____

Wrestling Officiating Experience: _____

Submit Completed Application to:
Name: Dale Hanover – Secretary SDCWQA
E-mail: dalehanover@jyanthoo.com
Cell Phone: 760-484-2951

 California Interscholastic Federation
State Wrestling Championship
Official's Nomination Form 

Applying for Boys or Girls or Both State Championships (circle one)

Due Date: December 1, 2018

PHOTO

Official's Name: _____
E-mail Address: _____
Address: _____
City: _____ Zip: _____
Home Phone: _____
Cell Phone: _____
Shirt & Jacket Size: _____
Which CIF Section are you representing: San Diego


Wrestling Experience: _____

Officiating Experience: _____

References: _____

Officials Association Director Information:
Name: Tony Guerrero – President SDCWQA
E-mail: mjue2731@cox.net
Cell Phone: 760-317-8341

Section Commissioner Signature (required-electronically if possible): _____ Date: _____





Calendar

- **SDCWOA Meetings:**

- September 18th & 25th
- October 9th & 23rd
- November 13th
- December 11th
- January 8th
- February 5th

- **Training Tournaments**

- September 22nd at Vista HS
- September 29th at Westview HS & San Marcos HS
- October 6th at Rancho Buena Vista HS

- **State Rules Interpretation Meeting**

- October 6th at Mt Miguel HS
- October 20th at Irvine HS



NFHS Information

National Federation of State
High School Associations



<http://www.nfhs.org/sports-resource-content/wrestling-rules-changes-2018-19/>

2018-19 Wrestling Rules Changes By NFHS on June 20, 2018

- 4-1-2:** No additional manufacturer's logo, trademark or promotional references are allowed on the uniform.
- 4-5-7:** Modified what can be worn by wrestlers in the designated weigh-in area.
- 5-10:** The definition of escape was modified.
- 5-15-1, 5-15-2, 5-15-3:** A wrestler is now inbounds if two supporting points of either wrestler are inside or on the boundary line. This could be two supporting points of one wrestler or one supporting point of each wrestler.
- 5-18:** The definition of out of bounds has been revised.
- 5-22-1, 5-22-2:** The definition of a reversal has been revised.
- 5-24-3e, f:** Stalling in the neutral position also takes place when a wrestler is backing off the mat and out of bounds, as well as when the wrestler is pushing or pulling out of bounds.
- 5-25-1, 5-25-3:** The definition of a takedown has been revised.
- 5-28-3:** The definition of a recovery time out when a wrestler is injured because of the opponent's false start has been clarified.
- 6-4-1:** The criteria when a match is stopped has been revised.
- 7-1-5q:** The Nelson-Cradle is a new illegal hold/maneuver.
- 7-1-5y:** Modified that a specific maneuver is not allowed.
- 7-4-2:** Repeatedly dropping to one knee, as well as one hand, to break locked hands is considered unsportsmanlike conduct.
- 8-2-2:** Clarified if a wrestler is injured because of the opponent's false start, then the injured wrestler should be accommodated with recovery time.

2018-19 Wrestling Points of Emphasis

1. Cleanliness – uniforms, pads
2. Braces – padded and covered
3. Stalling
4. Special Equipment Procedure
5. Injury prevention from false starts in the neutral position



Table Group Discussion

- *What was a challenging call/situation from last season and how did you deal with it?*
- *What was a difficult/challenging situation with a coach or parent?*
- *What two things related to your officiating do you want to improve on from last year?*



Let's Get Ready to Wrestle!!!

- *Questions?*
- *Next Meeting September 25th*

Randy Hartman will be presenting

